

## MOTHER TERESA COLLEGE OF TEACHER EDUCATION, PERAMBRA

### LIST OF STUDENTS - PHYSICAL FITNESS CHART - 2023-25 BATCH (SEMESTER I)

SL.NO.	NAME	SUBJECT	1500 (Mtr)	SEX	AGE	HEIGHT (Cm)	WEIGHT (Kg)	BMI	SIT & REACH	PULL UP	SIT UP	OBSERVATIONS
1	AISWARYA SASIDHARAN	ENGLISH		F	22	140	55	28.1				
2	ANEESHA JAMES	ENGLISH	12.04	F	27	160	51	19.9	10	5	4	
3	ANUGRAHA G	ENGLISH	19.26	F	23	165	60	22	3	1	2	
4	GOPIKA R	ENGLISH	19.71	F	21	154	38	16	5	6	10	
5	HARINANDH R	ENGLISH		M	21	183	62	18.5	8	8	13	
6	JASIYA SANA S	ENGLISH	19.2	F	21	159	46.6	18.4	15	6	8	
7	JITHIN ABRAHAM	ENGLISH	7.05	M	33	181	80	24.4	18	16	15	
8	NEETHU SAJI	ENGLISH		F	24	156	62	25.5	3	3	10	
9	NITHA CHANDRAN	ENGLISH	20.2	F	29	154	91	38.4	2	4	3	
10	SANDRA S R	ENGLISH	20.9	F	24	161	41	15.8	10	3	8	
11	SANDRA SUDHEER	ENGLISH	26.7	F	21	154	48	20.2	8	4	12	
12	SNEHA BABU C K	ENGLISH	20.7	F	25	155	49	20.4	6	4	14	
13	VISMAYA M S	ENGLISH	19.26	F	23	160	49.5	19.3	3	2	15	
14	AKSHARA	MATHEMATICS	10.09	F	23	163	49.5	18.6	16	6	30	
15	AMRUTHESWARI P S	MATHEMATICS	10.1	F	24	160	53.5	20.9	14	6	34	
16	ANJANA S K	MATHEMATICS	11.28	F	22	153	42.6	18.2	10	7	16	
17	ANUSREE SUNIL N S	MATHEMATICS	11.26	F	21	160	53.9	21.1	10	5	15	
18	HASIFA P K	MATHEMATICS	19.14	F	24	151	50.8	22.3	13	4	13	

19	HRIDYA T	MATHEMATICS	11.25	F	23	160	55.2	21.6	5	3	11	
20	NADA FATHIMA K	MATHEMATICS	11.3	F	22	152	45.6	19.7	-1	3	12	
21	NANDHANA M V	MATHEMATICS	12.05	F	22	154	47.6	20.1	-2	3	14	
22	SREELAKSHMI S	MATHEMATICS	13.26	F	23	162	51.2	19.5	12	8	32	
23	SREEVED T A	MATHEMATICS	9.25	M	22	166	60.1	21.8	9	16	30	
24	ALEX ABRAHAM	PHYSICAL SCIENCE	7.47	M	23	174	64.5	21.3	14	12	30	
25	AMAYA N J	PHYSICAL SCIENCE	19.17	F	21	1.63	62.5	23.5	18	5	20	
26	AMRUTHAKIRAN A S	PHYSICAL SCIENCE	7.39	M	23	174	82.3	27.2	3	12	25	
27	ANJANA K	PHYSICAL SCIENCE	20.32	F	23	155	61	25.4	8	2	21	
28	ANUPAMA V	PHYSICAL SCIENCE	11.27	F	21	153	55.3	23.6	11	3	21	
29	ANUSHA V C	PHYSICAL SCIENCE	20.1	F	24	163	65.3	24.5	14	3	19	
30	ARCHANA R J	PHYSICAL SCIENCE	19.26	F	23	157	58	23.5	7	5	23	
31	HIBA SHERIN P P	PHYSICAL SCIENCE	19.12	F	24	154	57	24.03	8	4	25	
32	LAKSHMI P	PHYSICAL SCIENCE	20.2	F	21	161	47.9	18.5	2	5	20	
33	MUHSINA K	PHYSICAL SCIENCE	19.13	F	28	163	71.8	27.02	4	5	17	
34	NAMITHA V JOSEPH	PHYSICAL SCIENCE	14.27	F	25	159	61	24.1	8	5	15	
35	REGHA N	PHYSICAL SCIENCE	18.52	F	28	153	49.8	21.3	10	4	21	
36	SITHARA JASMINE K K	PHYSICAL SCIENCE	19.18	F	24	160	49.7	19.4	5	4	25	
37	SREELAKSHMI SREEDAS	PHYSICAL SCIENCE	14.47	F	23	156	63.3	26.01	5	3	20	
38	THEERTHA PRAKASH J P	PHYSICAL SCIENCE	20.05	F	24	159	45	17.8	9	4	30	
39	VIVEK RAJ	PHYSICAL SCIENCE	4.23	M	26	174	70.3	23.2	6	12	35	

40	ALEENAMOL ROBIN	SOCIAL SCIENCE		F	26	155	45.9	19.1				
41	ANAGHA K T	SOCIAL SCIENCE	17.2	F	23	152	47	20.3	6	12	17	
42	ANOUSHKA A T	SOCIAL SCIENCE	20.01	F	24	149	39	176	3	16	19	
43	ANUVIND S	SOCIAL SCIENCE		M	21	166	56	20.3	11	13	21	
44	ASHLY THOMAS	SOCIAL SCIENCE		F	22	156	58	23.8	5	7	11	
45	ATHULYA ASOK.V .T	SOCIAL SCIENCE	17.19	F	25	150	42	18.7	7	6	13	
46	FIDA FATHIMA. C.P	SOCIAL SCIENCE		F	22	167	58	20.8				
47	GOKUL KRISHNAN	SOCIAL SCIENCE	12.95	M	22	168	60.3	21.4	13	17	19	
48	JINOY GEORGE	SOCIAL SCIENCE		M	34	173	82	27.4	18	20	23	
49	JOSNA JOSEPH	SOCIAL SCIENCE	8.16	F	22	164	59.3	22	19	9	17	
50	RISHANA P	SOCIAL SCIENCE	20.02	F	24	162	56.2	21.4	10	6	15	
51	SAMSON MATHEW	SOCIAL SCIENCE	9.96	M	23	166.5	48.6	17.5	14	20	21	
52	SARANYA S S	SOCIAL SCIENCE	14.86	F	23	162	40	15.2	20	12	21	
53	VISMAYA M M	SOCIAL SCIENCE	20	F	25	156	52	21.4	11	4	7	

Principal



Asst. Prof of Phy. Education