



# **MOTHER TERESA COLLEGE OF TEACHER EDUCATION**

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(Recognized by NCTE & Affiliated to Calicut University)

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A REPORT ON ACTIVITIES OF WOMEN CELL 2025 - 2026

## **“BEYOND THE HORIZON**

### **MEET OUR MEMBERS**

**Teacher Coordinator:** Mrs. Swaroopa P.K (Asst. Professor)

**President:** Ms. Fathima S M (B.Ed Physical Science 2025-27)

**Secretary:** Mubashira N P (B.Ed Physical Science 2025-27)

- Ayisha Misba V K
- Arya Gireesh. P.M
- Nandana V K
- Sana Razak

### **1. Documentary Presentation**

The Women’s Club was inaugurated on 23rd January in observance of National Girl Child Day. As part of the inaugural programme, a documentary presentation of “***Period End of Sentence.***“ was organized to create awareness on menstrual health and gender equality.

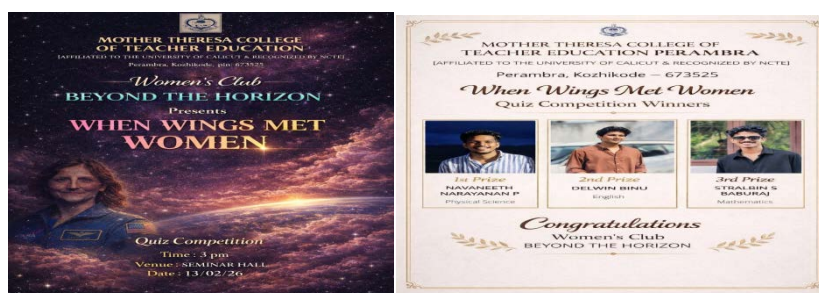


The programme commenced at 3:00 pm in the seminar hall. Welcome speech delivered by Ms. Ayisha Misba V K Further coordination of the program was managed by Ms. Fathima S M. The documentary, an Academy Award-winning short film by 25 minutes, is set in rural India and portrays women who challenge the stigma surrounding menstruation by manufacturing low-cost sanitary pads. The film highlights the serious issue of school dropout among adolescent girls due to a lack of menstrual awareness and resources after reaching puberty.

The screening aimed to break taboos related to menstruation and to sensitize students about the social and educational challenges faced by girls. It also demonstrated how community action and awareness can bring about meaningful change. The programme witnessed active participation from students and faculty members. The documentary encouraged discussion and helped promote awareness, empathy, and positive attitudes toward menstrual health. The programme concluded with a vote of thanks delivered by Ms. Mubashira N. P. The event ended on a meaningful note, reinforcing the Women's Club's mission of women's empowerment and marking a successful start for the club.

## 2. Quiz competition “When Wings Met Women.”

Women's Club ***Beyond the Horizon*** proudly presented the quiz competition “When Wings Met Women” in honour of Sunita Williams and all the inspiring women who have travelled to space. Organized in connection with February 11 – International Day of Women and Girls in Science, this event celebrates women's achievements in space and science. A quiz competition was conducted in honour of Sunita Williams and all women who have travelled to space.



## Future programmes

1. International Women's Day- MARCH -8 (08/03/2026)

A week-long celebration is planned, featuring a variety of programmes designed to engage women and encourage self-confidence and self-empowerment

